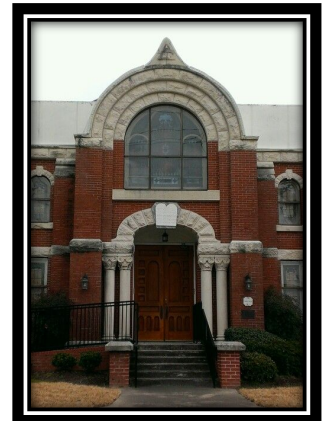


Temple Sinai

713 Hodges St. Lake Charles, LA 70601
<http://templesinai.info> / T: 337-439-2866

May, 2019
June, 2019

Nisan/Iyar 5779
Iyar/Sivan 5779



WORSHIP SERVICE SCHEDULE

MAY 2019 NISAN / IYAR 5779

Friday, May 3, 2019

6 PM

TORAH: Acharei Mot II: Lev. 18:1-30
HAFTARAH: Eze. 22:6-19

Friday, May 10, 2019

6 PM

TORAH: K'doshim: Lev. 19:1-20:27
HAFTARAH: Amos 9:7-15

Friday, May 17, 2019

6 PM

TORAH: Emor: Lev. 21:1-24:23
HAFTARAH: Eze. 44:15-31

Friday, May 24, 2019

6 PM

TORAH: B'har: Lev. 25:1-26:2
HAFTARAH: Jer. 32:6-27

Friday, May 31, 2019

6 PM

TORAH: B'chukotai: Lev. 26:3-27:34
HAFTARAH: Jer. 16:19-17:14

JUNE 2019 IYAR / SIVAN 5779

Friday, June 7, 2019

6 PM

TORAH: B'midbar: Num. 1:1-4:20
HAFTARAH: Hos. 2:1-22

Friday, June 14, 2019

6 PM

TORAH: Naso: Num. 4:21-7:89
HAFTARAH: Jud. 13:2-25

Friday, June 21, 2019

6 PM

TORAH: B'haalot'cha: Num. 8:1-12:16
HAFTARAH: Zech. 2:14-4:7

Friday, June 28, 2019

6 PM

TORAH: Sh'lach L'cha: Num. 13:1-15:41
HAFTARAH: Josh. 2:1-24

SERVICE LEADERS

May 3 – George Bodin
May 10 – Charlie St. Dizier
May 17 – Rabbi Weinstein
May 24 – Dan Boitnot
May 31 – Tevya O'Quain

June 7 – Rabbi Weinstein
June 14 – Randy Fuerst
June 21 – Anita Fields Gold
June 28 – George Bodin

Mi' shebeirach

Wishing continued health improvements to:

- Barbara Peck
- Jill Greenberg
- Jody Davidson
- Brenda Bachrack
- Reve Greenberg
- Shirley Riff Billings
- Lisa Garcia
- Morele Rosenfeld

*If there is anyone else that you would like on this list, please let Sandy know!

June Anniversaries:

03 Leslie & John Loffin
14 Susan & Bill Battestin
15 Micol & Barry Rosen
18 Judy & Bruce Katz
19 Lisa & Hector Garcia

Kroger Reward Program

If you have not already renewed your Kroger rewards card, please go to

www.kroger.com/account/update

log in, and renew your card with:

Organization Name:
Temple Sinai
Organization Number:
IE298

as the recipient of your Kroger rewards.

Mazel Tov!

Mazel Tov to Mark Wygoda for being the Yom HaShoah speaker this year at the Tree of Life Congregation in Columbia, SC on April 28th. Mark also spoke at two middle schools, a high school, and a Baptist Church while in Columbia.



Mazel Tov to Mindy, Adel, Liam, and Hudson Barkat on the birth of their daughter (sister), Olivia! Olivia Claire Barkat was born on May 20th. Mazel Tov to Sandy and Ronnie Desadier,

grandparents, and Corene Davidson, great-grandmother.

Mazel Tov to Tevya & Garrett O'Quain on Garrett's graduation from Barbe High School on May 19th. Garrett is the first grandchild of Sandy and Ronnie Desadier and the first great-grandchild of Corene Davidson.



Temple Birthdays

May Birthdays

- 1 Corene Davidson
- 4 Dawana Holtzman
- 6 Alexandra Battestin Foster
- 8 Randy Fuerst
- 11 Lee Schwalben
- 15 Linda Riff Parker
- 16 Elizabeth Dondis
- 16 Lee Garcia
- 17 Barbara Peck
- 19 Ellen Michel Raley
- 20 Richmond Reinauer
- 20 Benjamin Katz
- 22 Heidi Hankin Walker
- 24 Craig Ferguson
- 26 Bailey Ferguson

June Birthdays

- 4 Robby Reinauer
- 5 Reve Greenberg
- 5 Taylee Lacombe
- 7 Hector Rivera
- 8 Sarah Katz
- 8 Katherine Thorn
- 10 William Battestin
- 12 Linda Wygoda
- 16 Stanley Levy, Jr
- 16 Mary Katherine Ginsburgh
- 23 Rena LeJeune
- 24 Ruth Bachrack Gerrard
- 25 Matthew Goldsmith

If there is anyone else that you would like on this list, please let Sandy know!

Message from the Rabbi:

Learning Another Meaning: "Chametz!

Chametz (also spelled "hametz" or "chometz") is any food product made from wheat, barley, rye, oats or spelt that has come into contact with water and been allowed to ferment and "rise." In practice, just about anything made from these grains—other than Passover matzah, which is carefully controlled to avoid leavening—is to be considered chametz.

This includes flour (even before it is mixed with water¹), cake, cookies, pasta, breads, and items that have chametz as an ingredient, like malt. (Source: Chabad.org)

Most of us are familiar with this definition of "Chametz." Still, we also would do well to remember another aspect of Chametz which is important in the Midrash. In rabbinic commentary, we would learn that Matzah and Chametz are in many ways almost the same! Each contain flour and water, but with a very important difference: "Chametz" as in "bread," RISES!

But the Matza, just flour and water, no yeast of any kind, does NOT Rise! The bread rises because it has, in a sense, filled itself with hot air and of course it contains yeast. The Matza, on the other hand, is "flat and humble!" According to this interpretation, the Chametz comes to be a symbol of an ego that has become so large that it "enslaves the soul more than any external prison." Thus, while we commemorate our becoming free from slavery on Passover, we are reminded also to be very aware of any "symbolic Chametz" that we might have as part of our soul traits.

"Even more, the "flat, unpretentious Matzah represents the humility, self-effacement and commitment that are the ultimate liberators, enabling us to connect to G-d without our egos getting in the way." (Adapted from Chabad.org)

We learn in our study of Mussar during Passover about a fascinating Hebrew verb: "Al Tachmitzena = Do Not Let It Become Stale!" As Alan Morinis, Founder of the Mussar Institute explains, "Al Tachmitzena" can also be understood to mean, "Do not let it become Chametz" (leavened). You can even detect the word "Chametz" in the Verb "Tachmitzena!" In Hebrew, the tiny word "Al" coming just before, means "Do Not!!" Thus, in other words, "Don't let yourself become like Chametz!!!"

As Alan Morinis teaches, "the rabbis often use the analogy of Matzah and Chametz" to teach important Jewish spiritual insights. Matzah needs to be made quickly...the entire

Rabbi Weinstein's Schedule:

May 17, 2019

June 7, 2019

Matzah baking process, from adding the water to the flour until the Matzah are finished baking, must take place in less than 18 minutes! Chametz needs time to Rise."

In many rabbinic sources, "Chametz is said to symbolize the "Yetzer Ha'ra," our inner inclination to deviate from our spiritual lives. It's the Yetzer Hara that asks: "Why do it now? Why not a little later? You have plenty of time. What's the hurry?" (From "A Season of Mussar" by Alan Morinis, The Mussar Institute)

This teaching is fundamental to the Mussar understanding of the Middah or Soul Trait of "Zerizut." Zerizut, again according to Alan Morinis, "means you get out of bed as soon as you get up...you do not delay to do what needs to be done." As Alan Morinis teaches, the closest English word to Zerizut is "Alacrity!" Within our understanding of Judaism, Zerizut comes to teach that we do not delay when the "opportunity to do a mitzvah presents itself." Thus, the teaching: "Mitzvah haba'a leyad'cha, al tachmitzena!" "When a mitzvah comes to your hand, do not let it become stale!"

I believe as Jews we have always done our best to understand this approach to ethics, to our responsibilities as Jews as part of society. When we see evil in any of its forms, from prejudice or racism to superstition or violence, we are to quickly do our best to repair this evil. Thus, we have the central value of Tikkun Olam, to Correct or Repair the World, and to help heal the world of all its evils. Thus, we hasten to do our best to conquer hunger, homelessness, poverty and so many other deficiencies which still plague our world.

RABBI'S WORD OF THE MONTH: HAGADAH

The Hagadah is the story of the journey of our ancestors thousands of years ago from slavery to freedom. During Seder we read from the Hagadah as we retell from generation to generation this story which is central to our history as Am Yisrael, the People of Israel, the Jewish People. In "Gematria," the study of the hidden meaning of Jewish words is based on the numerical value of the letters in a given Hebrew word. We learn much from the numerical value of the Hebrew word Hagadah!

The Hebrew letters of the word Hagadah:

Gimel = 3
Daled = 4
Hey = 5
TOTAL17

The Hebrew word for Good: TOV

Tet = 9
Vav = 6
Vet = 2
TOTAL.....17

THUS, the HAGADAH is the story of All That Was GOOD!!!

(Adapted from More Secrets of Hebrew Words by Rabbi Benjamin Blech, Jason Aronson Inc. 1993)

I hope that this teaching from our beautiful festival of Passover will become translated into our everyday lives through the months and years ahead.

With loving blessings from,

Rabbi Barry

FROM THE PRESIDENT'S DESK...

Dear Members,

I am honored to serve you at Temple Sinai once again. I look forward to a good year where we pray together, serve together, and have some fun too.

The recent shootings at religious houses of worship are a reminder that we have a ways to go to rid our world of the ignorance that breeds hatred. We have developed interfaith connections with the help of previous leaders and Rabbi Weinstein, and I hope to strengthen those even further...

We need to come together and share our collective sympathies and hope for a better world. Stay tuned for further programs of dedication, music, education, and more. Please share your hopes, your fears, and any suggestions you may have with me and our Temple leadership.

Thank you to those who help at Temple, and please consider attending more services and events.

Respectfully,

Randy

Community News

Temple Sinai was invited to participate in St. Andrew's Presbyterian Church's ecumenical service honoring the memory of those lost in the Christchurch massacre in New Zealand. Mark Wygoda attended, representing Temple Sinai and the Jewish Community of Lake Charles. He spoke the following words of remembrance from Rabbi Barry.



With Love Are They Remembered

These words of sacred memorial come to us from Rabbi Barry L. Weinstein, Rabbi of Temple Sinai here in Lake Charles. Due to previous obligations of both our rabbi and our temple president, Randy Fuerst, I am honored to represent the Jewish Community of Lake Charles this afternoon. (Mark Wygoda)

Rabbi has written:

Temple Sinai joins with all of you this afternoon in sacred remembrance of every person whose precious life was taken during the massacre at Al Noor Mosque and Linwood Islamic Center in Christchurch, New Zealand.

We join with all of their loved ones and friends in mourning their passing.

Thousands of miles separate us from them, but they are truly so very close in our hearts at this hour.

Our Lake Charles Jewish community especially identifies with this horrible attack, coming so closely after the horrific attack on Tree of Life Synagogue in Pittsburgh this past autumn.

When a Jewish burial occurs, one important bereavement custom is especially important to remember at this time.

In loving memory of the deceased, we pin a small black ribbon to our clothing, and we tear at it as we recite a brief prayer in praise of G-d as the Author of Eternal Life.

We “tear” the ribbon to symbolize the “tearing” of our loved ones from our lives.

In this same way, we identify with all the families and loved ones whose lives were taken in Christchurch.

In Jewish religious practice, one of the most important memorial prayers is the following:

“Oh G-d, full of compassion, Thou who dwelest on high. Grant perfect rest among the holy and pure who shine as the brightness of the firmament, unto the souls of all those in Christchurch, New Zealand, who departed from this world. Oh G-d of Mercy, bring them under the cover of Thy wings into Thy presence, and let their souls bound up in the bond of eternal life.

Dear G-d, be Thou their possession, and may they rest in peace.

Amen.”

(Adapted from the traditional “A’yl Malay Rachamim” prayer. Rabbi’s Manual, p. 71, 1961)

May our words and prayers together today somehow reach Christchurch, New Zealand, and help bring a measure of healing, strength, courage, comfort, and condolence. Amen.



Temple Jahrzeits:

(Week Ending)

May 3, 2019

William Prater (1)
Henry Avner (2)
Martha Levy (2)
Morris Guttman (3)
Elizabeth Helman (3)
Solomon Paymar (3)

May 10, 2019

Shirley Reinaur Cohn (4)
Sol B. Klaus (4)
Daniel Louis Kleinman (4)
Shannon Cox (5)
Harriet Fink (5)
Bessie Heller (5)
Bill Barnhart (6)
Meyer Love (7)
Lois Cowen (8)
Benjamin Schoolsky (9)
William Holtzman (10)

May 17, 2019

Ruth Chozen (12)
Rosalind Kaufman (14)
Arthur Landsman (14)
Rita Donn Raphael (14)
David Dwight Barnhart (15)
Tommy McManus (15)
Helen Wise (15)
Sarah Levin (17)

May 24, 2019

Anna Gorin (18)
Isaac T. Hart (18)
Hermann Wygoda (18)
Henry Milstein (20)
Esther Painter (20)
Beatrice Smith (20)
Edith Kristal (22)
Jeannette Fry (23)
Udith Milford (23)

Temple Yahrzeits:

(Week Ending)



April 27, 2019

Dear Rabbi,

Yet another senseless act of violence in the California synagogue. Please accept our condolences and prayers.

Blessings,

Nanette
Rev. Nanette Cagney

April 28, 2019

Dear Mr. Barry Weinstein.

On behalf of the Islamic Society of Lake Charles we would like to offer our sincere condolences for your losses. We are saddened for this horrific tragedy since we feel your pain as your pain is ours. This is a tragedy toward all humanity. We pray for your peace and comfort during this trial and pray that we can all unite to prevent future calamity.

Respectfully,

Your Brother
Ahmed Ali Elmamlouk/Imam
Islamic Society of Lake Charles

May 31, 2019

Clyde Arabie (26)
Augusta Fish (26)
John Robert Toerner (28)
Adolph Marx (29)
Shirley Goldsmith (30)

June 7, 2019

Jane Kleinman (1)
Jessie Winner (1)
Leanora M. Hoffman (2)
Nellie Edelstein (5)
Gertrude Lowenthal (7)

June 14, 2019

Joseph Liebman (9)
Riva Roseman (9)
Marie Berkowitz Schoolsky (9)
Estelle Frank Craft (10)
Gertrude Adler (11)
Simon Davidson (12)
Manuel Lowenthal (13)
Beatrice Zakroff (13)
Estelle Stopnik (14)

June 21, 2019

Hyman Roseman (15)
Alex Fish (16)
Julia Greenberg Rosenthal (17)
Cathy Greenberg Milgrom (18)
Joel Adler (20)
J. Leo Gross (21)
Abraham Lindenberg (21)

Temple Contributions

Funds:

Sisterhood:

Decorating Fund
General Fund
Meal of Consolation

Send Checks to:

Ellen Raley
4270 Indigo Place
Lake Charles, LA 70605

Temple:

Adult Education Fund
Youth Fund
Cemetery Fund
Courtyard Fund
General Fund
Music Fund
Rabbi's Discretionary Fund
Tree of Life Fund

Temple Sinai
713 Hodges St.
Lake Charles, LA 70601

Contributors

Name: _____

Address: _____

City, State: _____ Zip: _____

(Please print, clip and submit this form with your contribution to avoid any confusion during the acknowledging process.)



Temple Jahrzeits:

(Week Ending)

June 28, 2019

Pauline Kaufman (22)
Solomon Reinaur (22)
Alexander Helman (25)
John Blevins (26)
Marie Ferguson (26)
Ethel Horn (28)
George Kamm (28)
Allen Kristal (28)
Ben Rosen (28)
Morris Tankel (28)

July 5, 2019

William Coleman, Jr. (June 30)

We are grateful for these contributions:

General Fund:

From: Charlene & Tim Blevins

From: Barbara & Tony DiBartolo
In Honor of: Shabbat Shekelim

From: Estate of Sonya Davidson Harris
Yahrzeit Plaque in Memory of:
Dr. Richard Harris & Sonya Davidson Harris

Youth Fund:

From: Sandy & Ron Desadier
In Honor of: Complete Recovery for
Morele Rosenfeld

From: Charlene & Tim Blevins

From: Karen & Harry Kleinman
In Honor of: Susan Arnold for her talent &
kindness in making beautiful the
stained-glass for our courtyard

From: Karen & Harry Kleinman
For Speedy Recoveries: Shirley Riff Billings,
Reve Greenberg, Brenda Bachrack,
& Rose Katz

From: Anonymous

Courtyard Fund:

From: Norman & Annabelle Holman
In Honor of: Passover

From: Sarah & Terry Hodnett

From: Barbara Maxey

Tree of Life:

From: Tootsie Fournet
Wendy & Mark Yates
In Honor of: Speedy Recovery for
Shirley Riff Billings

From: Barbara Maxey

From: Estate of Sonya Davidson Harris
2 Leaves in Memory of:
Dr. Richard Harris & Sonya D. Harris

Courtyard Fund (Pavers):

From: Temple Sinai Board of Directors
Paver: George Bodin
President 2017-2019

From: Helane Rosen
Paver: In Memory of Toni Harris

Rabbi's Discretionary Fund:

From: Charlene & Tim Blevins
From: Charlene & Tim Blevins

From: Barbara & Tony DiBartolo
For Speedy Recovery: Anita Fields Gold

From: Rabbi & Linda Weinstein
In Honor of: Randy Fuerst's Second
Temple Sinai Presidency

Sisterhood Fund:

From: Randy Fuerst

SHABBATON 2019/5779

Temple Sinai

ORDER OF EVENTS, TIMINGS ARE SUBJECT TO CHANGE

Friday, May 17, 2018

6:00 PM Table Service (Social Hall)
Lesson: "Everything You Wanted to Know about Kashrut"

Saturday, May 18, 2018

9:30 AM Kiddush, Motzi, & Early Nosh

10:00 AM Morning Service

11:00 AM Morning Session & Text Study
Selection from "The Sabbath" by Abraham Joshua Heschel

12:30 PM Luncheon – Cholent Stew

1:00 PM Afternoon Session I
An Open Conversation about the Jewish Home: Jewish Keepsakes & Ritual Objects

2:00 PM Afternoon Session II
Artistry of Being a Sh'liach Tzibur, a Service Leader's Toolkit

3:00 PM Quiet Contemplation
A time for Sabbath rest, personal reflection, or a traditional walk

3:30 PM Third Meal & Havdalah (Courtyard)

Please Remember:

Bring your candlesticks and Kiddush cup on Friday night

Bring your favorite Jewish keepsake or ritual object from home for Saturday's Afternoon Session I