

The Sinai Messenger

Temple Sinai

713 Hodges St. Lake Charles, LA 70601
<http://templesinai.info> / T: 337-439-2866

November, 2017
December, 2017

Cheshvan/Kislev 5778
Kislev/Tevet 5778



WORSHIP SERVICE SCHEDULE

NOVEMBER 2017 CHESHVAN/KISLEV 5778

Friday, November 3, 2017

6 PM

TORAH: **Vayeira** Gen. 18:1-22:24
HAFTARAH: II Kings 4:1-37

Friday, November 10, 2017

6 PM

TORAH: **Chayei Sarah** Gen. 23:1-25:18
HAFTARAH: I Kings 1:1-31

Friday, November 17, 2017

6 PM

TORAH: **Tol'dot** Gen. 25:19-28:9
HAFTARAH: Mal. 1:1-2:7

Friday, November 24, 2017

6 PM

TORAH: **Vayetzei** Gen. 28:10-32:3
HAFTARAH: Hos. 12:13-14:10

DECEMBER 2017 KISLEV/TEVET 5778

Friday, December 1, 2017

6 PM

TORAH: **Vayishlach** Gen. 32:4-36:43
HAFTARAH: Hos. 11:7-12:12

Friday, December 8, 2017

6 PM

TORAH: **Vayeishev** Gen. 37:1-40:23
HAFTARAH: Amos 2:6-3:8

Friday, December 15, 2017

6 PM

TORAH: **Mikeitz** Gen. 41:1-44:17
HAFTARAH: Zech. 4:1-7

Friday, December 22, 2017

6 PM

TORAH: **Vayigash** Gen. 44:18-47:27
HAFTARAH: Eze. 37:15-28

Friday, December 29, 2017

6 PM

TORAH: **Va-y'chi** Gen. 47:28-50:26
HAFTARAH: I Kings 2:1-12

SERVICE LEADERS

November 3 – Sandy Desadier
November 10 – Rabbi Weinstein
November 17 – Mike Schwartzberg
November 24 – George Bodin

December 1 – Rabbi Weinstein
December 8 – George Bodin
December 15 – Rabbi Weinstein
December 22 – Charlie St. Dizier
December 29 – Chris Blevins

JEWISH TRIVIA!

Question: **What is “Emet?”**

Answer: **“Emet” is “Truth” in Hebrew.
This is an especially beautiful Hebrew word.**

According to Your Jewish Lexicon
(Edith Samuel, UAHC, New York, 1982)
The three letters of this word have very special
meaning.

Its first letter, “alef,” opens the Hebrew alphabet.
Its middle letter, “bet,” is the middle letter of the
Hebrew alphabet.
Its final letter, “tav,” is the final letter of the
Hebrew alphabet.” Thus, for the
Rabbis, the Hebrew word for “truth,”
“Emet,” is the beginning, the middle, and the end of all
things!!

The Rabbis envisioned “Emet” as “one leg of the tripod
that sustains the world, with the other two: “Din,”
Justice and “Shalom,” Peace!

Special Events...

Temple Veterans and family
members who have served in
the military will be honored
during the November 10th
Friday night worship.



Talk to the President...

If any member of Temple Sinai
in good standing has
questions, comments, or
concerns that you would like
me to address, or if it is
something that a committee
should take under
consideration, please send
them to me in writing by letter
or by email. Good or bad,
your thoughtful insight will be
greatly appreciated.

George Bodin
3510 Cross Street
Lake Charles LA 70607

Email:
gbodin@suddenlink.net

Message from the Rabbi:

The Hebrew Word "Erev!"

"EREV!"

This simple Hebrew word will be familiar to many.

It's most commonly found in the expression, "Erev Shabbos," meaning that special time Friday, afternoon, just before sunset and the start of Shabbos. We also find the word in the phrase "Erev Yuntif," representing those few hours before the beginning of Rosh HaShanah or other Festivals.

All this comes to my mind as I notice several weeks before Halloween the appearance of all kinds of displays in stores for this very popular holiday! I'm sure that while still in October we shall soon observe Thanksgiving items. Christmas has also begun its annual appearance this month!

Observing the manner in which these holidays make their first appearance weeks or months before they occur led me to think about the rabbinic teaching that we ought to begin preparation for Shabbos just as soon as we complete Havdalah Saturday evening!

In other words, at the close of Havdalah, the service for the conclusion of Shabbos, we are to turn our thoughts to the next Sabbath! This sense of anticipation will help us better cope with the ending of one Sabbath as we turn our thoughts to the approach of the next.

As parents or grandparents we might consider our own sense of "Erev" in our homes as it relates to our own holidays. For example, even though Chanukah begins this year at sunset Tuesday evening, December 12, now would be the time to consider Chanukah decorations! In this way our children and grandchildren could become even more excited about the approach of the Eight Days of the Festival of Lights!

As I write these words my eyes fall on the Challah Linda bought last evening for Shabbos, beginning in just a few hours. Already I envision in my mind's eye our enjoying this Challah and with it another Shabbos, thanks to G-d.

It's "Erev Shabbos" again, and for reaching yet another "Erev" in my life, I am immensely grateful. So in this spirit of anticipation, here's an early "Happy Chanukah" for us all!

Rabbi Barry Weinstein

Rabbi Weinstein's Schedule:

Friday, Nov. 10, 2017

Friday, Dec. 1, 2017

Friday, Dec. 15, 2017

FROM THE PRESIDENT'S DESK...

Thank you again to all who served on the bema during High Holidays. I feel our services went very well and were very meaningful. I especially want to recognize and thank all who brought food for Break the Fast. Everything was so delicious! Sukkot was also very special for me and I loved that we were able to use the courtyard. As we move toward the next festival, I found an interesting recipe that you might like to peruse. Enjoy!

George Bodin

Sweet Potato and Carrot Latkes (Gluten-Free)

BY TINA WASSERMAN

Enjoy this recipe from [Entree to Judaism for Families](#), Tina Wasserman's newest cookbook featuring tools to help children learn to cook with confidence, with clear, step-by-step instructions for every recipe and tips for adults to make the experience safe and rewarding.

Ingredients:

1 pound sweet potatoes, peeled
½ pound carrots, peeled
1 small onion, cut into eighths
1 large clove garlic, cut into 3 pieces
1 teaspoon salt or to taste
15 grindings of black pepper
½ teaspoon powdered ginger
½ teaspoon dried oregano or ½ tablespoon chopped fresh oregano
½ teaspoon dried basil or ½ tablespoon chopped fresh basil
2 large eggs
¼ to ⅓ cup teff or ground flaxseed
Canola or peanut oil for frying
Greek yogurt or sour cream for garnish (optional)

Directions:

1. Cut the sweet potatoes and carrots into 1½-inch chunks, and grate them using the fine grating disk on a processor. Empty the mixture into a 3-quart bowl.
2. Place the onion and garlic pieces in the food processor work bowl fitted with the metal blade. Pulse the machine on and off until the onions are finely chopped. Return half of the potato/carrot mixture to the processor workbowl, and pulse on and off about 5 times to combine the ingredients. Empty the workbowl into the mixing bowl with remaining potato/carrot mixture.
3. Add the spices, the eggs, and ¼ cup of the teff or ground flaxseed to the mixing bowl, and mix thoroughly. Add a little more grain if the mixture seems too loose and watery. Do not make the mixture too firm or the finished product will be dry and heavy.

Temple Birthdays & Anniversaries:

November Birthdays:

- 4 Dawn Holtzman
- 7 Nancy Riff Ferguson
- 9 Harry Kleinman
- 10 Breland Thorn
- 14 Mark Wygoda
- 15 Sara Congiundi
- 16 Michael Reinauer
- 16 Ellen Congiundi
- 19 Joel Steirman
- 30 Maria Haro Mezey

December Birthdays:

- 1 Harcourt Stebbins
- 4 Tony DiBartolo
- 9 Linda Weinstein
- 12 Linda Castoriano
- 13 Hydee Desadier Kagan
- 13 Charlene Blevins
- 13 Lisa Congiundi
- 14 Pattie Davidson
- 15 David Michel
- 16 Jonathan Bachrack
- 17 Michael Schwartzberg
- 19 Hallie Rose Ginsburgh
- 23 Leslie Loftin
- 28 Drew Davidson

December Anniversaries:

- 5 Kathy & Joel Steirman
- 5 Brenda & Michael Goldman
- 12 Paige & Jody Davidson
- 24 Charlene & Tim Blevins
- 31 Shirley & Calvin Billings
- 31 Maria & Greg Mezey

4. Heat a large skillet or griddle on high heat for 20 seconds. Add enough oil to totally cover the bottom of the pan. Heat the oil for 10 seconds. If the oil begins to smoke, reduce the heat to medium-high.
5. Drop 2 tablespoons of the potato/carrot mixture into the hot pan using a food scoop or spoon. Each time before you scoop up some of the latke batter, stir the contents of the bowl. Repeat with more mixture to fill the pan, but do not overcrowd.
6. When the bottoms of the pancakes are golden, gently turn them over using two slotted spatulas. When golden on the second side, remove to a plate that is covered with crumpled paper towels.
7. Proceed with the remaining mixture.
8. Serve plain or with a dollop of sour cream or Greek yogurt.

ReformJudaism.org
Jewish Life in Your Life



A Hanukkah Prayer of Lights

BY: RABBI WARREN STONE

Source of Creation and Life of the Universe
We gather together on Hanukkah
As Jews of conscience with a deep spiritual bond to
the lights of freedom.

We are grateful for the inner might of the Maccabees
Who fought to reclaim a Jerusalem in despair
And rekindle the lights of human freedom.

Freedom has many faces:
Freedom from war and conflict or threats of terror
Freedom to have a secure home
Freedom from hunger, poverty and despair.

Freedom is deeply personal as well:
Freedom to express one's gender identity without fear
Freedom to express one's racial identity without fear
Freedom to make choices about our life and deepest beliefs
Freedom to live our faith in all of its beauty without negating anyone else's.

Our Hanukkah menorah with its eight branches and Kindling light
Remind us of the diversity on our Earth
Bound together with a branch of Oneness.
It is a reminder that we are interconnected as a Global Community.

We are diverse yet equal in our world: Jewish, Christian, Moslem, Hindi, Buddhist, Sikh, and
Humanist. At times of deep darkness instead of walking in fear,

Let us kindle Godly lights
Lights within and lights beyond
And let us increase these lights each day
To light the way for All.

(Rabbi Warren Stone serves Temple Emanuel.)



ReformJudaism.org
Jewish Life in Your Life

Hanukkah Blessings

Candles are added to the *hanukkiyah* (menorah) from right to left but are kindled from left to right. The newest candle is lit first. (On the Shabbat of Hanukkah, kindle the Hanukkah lights first and then the Shabbat candles.)

Light the *shamash* (the helper candle) first, using it to kindle the rest of the Hanukkah lights. As you do, say or sing:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל חֲנֻכָּה.

Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'tsivanu l'hadlik ner shel Hanukkah.

Blessed are You, Adonai our God, Sovereign of all, who hallows us with mitzvot, commanding us to kindle the Hanukkah lights.

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁעָשָׂה נִסִּים
לְאֲבוֹתֵינוּ בַּיָּמִים הָהֵם בְּזַמַּן הַזֶּה.

Baruch atah, Adonai Eloheinu, Melech haolam, she-asah nisim laavoteinu v'imoteinu bayamim hahaeim baz'man hazeh.

Blessed are You, Adonai our God, Sovereign of all, who performed wondrous deeds for our ancestors in days of old at this season.

For first night only:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהַחַיִּינוּ וְקִיַּמְנוּ
וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu v'kiy'manu v'higianu laz'man hazeh.

Blessed are You, Adonai our God, Sovereign of all, for giving us life, for sustaining us, and for enabling us to reach this season.

Hanerot Halalu

We kindle these lights because of the wondrous deliverance You performed for our ancestors. During these eight days of Hanukkah, these lights are sacred; we are not to use them but only to behold them, so that their glow may rouse us to give thanks for Your wondrous acts of deliverance.

Temple Contributions

Funds:

Sisterhood:

Decorating Fund
General Fund
Meal of Consolation

Send Checks to:

Ellen Raley
4270 Indigo Place
Lake Charles, LA 70605

Temple:

Adult Education Fund
Camp Fund (Stu Greenberg Fund)
Cemetery Fund
Courtyard Fund
General Fund
Music Fund
Rabbi's Discretionary Fund
Tree of Life Fund

Temple Sinai
713 Hodges St.
Lake Charles, LA 70601

Contributors

Name: _____

Address: _____

City, State: _____ Zip: _____

(Please print, clip and submit this form with your contribution to avoid any confusion during the acknowledging process.)



Temple Jahrzeits:

(Week Ending)

November 3, 2017

Harry Marcus
Ruth Lewitter
Freerick Berther
Charles Kushner
Arthur K. Strauss
Max Fleckman
Sumner Stopnik

November 10, 2017

Robert Schoolsky
Reica Paymar Krinsky
Harry Eisen
Fern Myrick
Dorothy Gold
Sally Erdmann

November 17, 2017

Henry H. Kaufman
Sarah Davidson
Sam Kushner
Abe Ordinsky
Selma Liebman
Solomon Davidson
Sam Katz

November 24, 2017

Al Cohn
Jean Horn
Harry Horn
Rae Labovitch
Max Deutscher
Hannah Kushner
Miina Donn Rosenberg
David B. Greenberg
Eugene Balengero
Rae Wygoda
Marie Gold

December 1, 2017

Sarah Lowenthal
Yvetta Eisen

We are grateful for these contributions:

General Fund:

From: Tim & Charlene Blevins
From: Helen Self

Tree of Life Fund:

From: Barbara Maxey
In Honor of: New Year 5778

Courtyard Fund:

From: Lillie Ray Levy
In Memory of: Dora Madson
In Memory of: Bernard Levy

From: Paul & Gay Arnold
In Memory of: Si Davidson

From: Susan & Bill Battestin
In Memory of: Si Davidson

From: Norma & Bill Levy
In Honor of: High Holy Day Honors

From: Barbara Maxey
In Honor of: Blevins & Bodin Nash & Drosh

From: Sandy & Ron Desadier
In Memory of: Lewis Rosenfeld

From: Sandy Desadier
In Honor of: High Holy Day Honors

From: Sam Schoolsky

Cemetery Fund:

From: Tony & Barbara DiBartolo
In Honor of: High Holy Day Honors

Temple Yahrzeits:

(Week Ending)

December 1, 2017

Mathilde Marx
Kate Raley
Kenneth Strauss
Helen Sopkin Lowenthal

December 8, 2017

Jules Reinaur
Seymore Zilbert
Edwin Frank
Max Klaus
Sheldon Rosenthal

December 15, 2017

Jack Gordon
Manuel N. Kleiman
Norman Makuck
Ethel Estelle Toerner Prater
Herman Adler
Maurice Kushner
Simon Weil
Josephine Frank
Leon Gordon

December 22, 2017

Lillian Epstein
Anna Holtzman
Gladys Kushner
Maurice Kleinman
Simon Marx
Michael Kassner

December 29, 2017

Maxine Landsman
Sanford Gold
Ida Gollis Lipsey
Lottie Riff

We are grateful for these contributions:

Camp Fund:

From: Joseph E. Wolfermann

From: Tim & Charlene Blevins

From: Robert Landry

In Memory of: Si Davidson

From: Roger & Pat Seamons

In Memory of: Lewis Rosenfeld

Rabbi's Discretionary Fund:

From: Tony & Barbara DiBartolo

In Honor of: Rabbi Barry:

A good birthday to a very good rabbi!

Press Release

Community Conversation

A new group has formed in the Lake Charles Area for the purpose of speaking out about the public, nationwide rise of Racism, White Supremacy, Anti-Semitism, Anti-Immigrant and Gay and Lesbian Hatred. While all these problems have always been an in the shadows part of our culture, we have recently seen an unbelievable vocal increase in these forms of hatred.

The group, a "Community Conversation on Racism, Hate and White Supremacy" was born out of an anti-hate, anti-white supremacy rally that was organized on August 20th. At present the planning group has members from the NAACP, Indivisible SWLA, Pride of SWLA, a couple of Christian Pastors, the Progressives at McNeese, La Familia Resource, Common Ground, Pride, Art of Living Institute, Baptist Ministry Alliance, Black Heritage Festival, Kiwanis Club of North Lake Charles and Temple Sinai. It has also reached out to other religious leaders and any groups that would like to be part of the planning group.

A community meeting has been planned for November 4th from 1:00-2:30PM and the public is invited to join the important discussions and plans for the future. It will take place at the Foundation House Grounds at Broad and Enterprise and all are invited to attend this community outreach.

For information contact Andrea Mongler at (618)623-6572. Hope to see you there.

Submitted by: Sam Schoolsky

Sam4337@yahoo.com

(337)540-2152

